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Human mastication can produce biting forces of up to 2200N in normal patients

Parafunctional activity

BRUXISM

Horizontal, non functional grinding of teeth
Like weightlifters exercised muscles increase in strength
Average maximum bite force approx 500N
Bruxism average maximum bite force may be DOUBLE
Severe bruxists have been recorded with maximum bite forces of > 4000N

CLENCHING

CONSTANT OCCLUSAL FORCE WITHOUT LATERAL MOVEMENT

Clenching position does not always correspond to CO
Jaw may be positioned in any direction before the static load
Often exists in combination with bruxism
Occlusal wear less obvious or even absent compared to bruxism
Tongue scalloping often seen (vacuum created in mouth)

Parafunctional activity

COMPLICATIONS

Abutment screw loosening
Crown cement failure
Material fractures (porcelain etc)
Crestal bone loss



























































